

Acadia University - School of Nutrition and Dietetics  
Bachelor of Science in Nutrition (BSN) - Kinesiology Option - 2022-2023

**Requirements:**

**Core courses are listed in bold** and must be completed with a minimum grade of C-  
**Core Nutrition courses are only offered in the term indicated on this advising sheet.**

A minor (12 hrs in one subject other than Nutrition, with a minimum C- grade in each course) is required

- a) 6 hours (2 courses) with a 'significant writing component' (SWC) - see \* below
- b) 6 hours (2 courses) of Arts electives *over and above the SWC*
- c) 3 hours (1 course) Nutrition elective
- d) 3 hours (1 course) Biology elective
- e) 12 hours (4 courses) of Kinesiology
- f) 15 hours (5 courses) of anything you choose

*Prerequisite courses are noted in italics below course number*

**YEAR 1 - Fall Term**

**YEAR 1 - Winter Term**

<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>	<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>
Biol 1813	Human Biology 1		SWC (see * below)		
Chem 1013 (NS 12 Chem or equivalent with minimum of 60%)	General Chemistry 1 (+ lab)		Chem 1023 (Chem 1013)	General Chemistry 2 (+ lab)	
<b>Nutr 1313</b>	Human Nutrition 1		<b>Nutr 1323</b> (Nutr 1313)	Human Nutrition 2	
<b>Nutr 1333</b>	Food 1 (+ lab)		<b>Nutr 1343</b> (Nutr 1333)	Food 2 (+ lab)	
Psyc 1013	Intro Psychology 1		Psyc 1023 (Psyc 1013)	Intro Psychology 2	

**YEAR 2 - Fall Term**

**YEAR 2 - Winter Term**

<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>	<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>
Biol 2813 (minimum C- in Biol 1813) <b>OR</b> Kine 2413	Human Physiology and Anatomy 1 <b>OR</b> Applied Human Physiology 1		Biol 2823 (minimum C- in Biol 2813) <b>OR</b> Kine 2423	Human Physiology and Anatomy 2 <b>OR</b> Applied Human Physiology 2	
Chem 2513 (minimum C- in Chem 1023)	Organic Chemistry 1 (+ lab)		Chem 2713 (minimum C- in Chem 2513)	Biochemistry (+ lab)	
Math 1253 (Math 11 or Precalculus 11 or Math 0110)	Statistics 1		Math 2243 <b>OR</b> Math 2253 (Math 1253)	Statistics II for Life Science <b>OR</b> Statistics II	
SWC (see * below)			<b>Nutr 2023</b> (Nutr 2013)	Communications in Nutrition & Dietetics	
<b>Nutr 2013</b> (Nutr 1323)	Principles of Nutritional Assessment		<b>Nutr 2323</b>	Food and People	

**YEAR 3 - Fall Term****YEAR 3 - Winter Term**

<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>	<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>
Kine 3013	Exercise Physiology		Elective		
Elective			<b>Nutr 3513</b> (Nutr 1323, Nutr 2023)	Community Nutrition	
Elective			Elective		
Elective			<b>Nutr 3023</b> (Biol 2823, Nutr 1323, & Chem 2713)	Advanced Human Nutrition	
Elective			Elective		

**YEAR 4 - Fall Term****YEAR 4 - Winter Term**

<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>	<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>
<b>Nutr 4223</b> (Math 2243 or 2253 & Nutr 1343)	Sensory Evaluation of Food (+ lab)		<b>Nutr 4903</b> (Nutr 4223 with a minimum grade of C- & 4 <sup>th</sup> year standing in Nutr)	Senior Seminar	
<b>Nutr 4533</b> (Biol 2823, Nutr 2013, Nutr 3023)	Nutrition & Disease 1		Elective		
<b>Nutr 4123</b> (Nutr 1323 & Nutr 3513)	Nutrition Education		Elective		
Elective			Elective		
Elective			Elective		

\* You must take 6 hours of study (two courses) with a ‘**significant writing component**’ (SWC). Courses that meet these criteria include English, Art at the 1000 level, Classics, Comparative Religion, a single language other than English (**same language must be taken for all 6 hours**), History, Music (not applied, vocal or instrumental methods or practical studies), Philosophy, Theology (THEO 3013/3023, BIBL 2013/2023, GREE 3013/3023), or Women and Gender Studies.