

We received a \$15,000.00 research grant from NS DHW for a project entitled ***Healthy and Sustainable Food Policy and Practices: Development, Monitoring and Implementation at Acadia University.***

- Grants are in support of the *Thrive!* strategy to support healthy eating policy work in publicly funded institutions
 - Thrive! is “a plan for a healthier Nova Scotia”; see <https://thrive.novascotia.ca/sites/default/files/Thrive-Strategy-Document.pdf>)
- Our project met the following requirements:
 - Projects are to support collaborative work in developing and/or implementing innovative approaches to healthy eating policy work in publicly funded institutions. Initiatives must be linked to an overall strategy (supported by a committee) for the development of a comprehensive healthy eating policy.

Goals of the project at Acadia University are to:

1. Make nutritious, sustainable, and really good food the easiest choice on campus.
2. Increase benefits from food procurement for our regional food economy.

Objectives are to:

1. Define specific food policies and practices.
2. Assess and strengthen campus promotional strategies for healthy and sustainable food.
3. Develop indicators, monitor, and take steps to increase the percentage of healthy and sustainable food purchased and served.
4. Pilot and document food skills education.

Project team/Committee includes:

James Sanford, Senior Director, Student Affairs

Callie Lathem, Senior Director, ASU Student Affairs

Ciaran Kelly, Acadia Student Environmental and Sustainability Officer

Laura Miller, Director, Chartwell’s Food Services at Acadia University

Dr. Alan Warner, Community Development, and Environmental & Sustainability Studies

Dr. Catherine Morley, School of Nutrition and Dietetics

Liesel Carlsson, School of Nutrition and Dietetics

Ismay Bligh, Public Health Nutritionist, Annapolis Valley Health

Jodie Noiles, Sustainability Coordinator