

Acadia University - School of Nutrition and Dietetics  
Bachelor of Science in Nutrition (BSN) Consumer Food Option - 2025-2026

**Requirements:**

**Core courses are listed in bold** and must be completed with ***a minimum grade of C-***  
**Core Nutrition courses are only offered in the term indicated on this advising sheet.**

A minor (12 hrs in one subject other than Nutrition, with ***a minimum C- grade in each course***) is required

- a) 6 hours (2 courses) with a ‘**significant writing component**’ (SWC) - see \* below
- b) 6 hours (2 courses) of Arts electives ***over and above the SWC***
- c) 3 hours (1 course) Chemistry at the 3000/4000 level
- d) 18 hours (6 courses) of anything you choose

***Prerequisite courses are noted in italics below course number***

**YEAR 1 - Fall Term**

**YEAR 1 - Winter Term**

<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>	<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>
Biol 1813	Human Biology 1		SWC (see * below)		
Chem 1013 (NS 12 Chem or equivalent with minimum of 60%)	General Chemistry 1 (+ lab)		Chem 1023 (Chem 1013)	General Chemistry 2 (+ lab)	
<b>Nutr 1313</b>	Human Nutrition 1		<b>Nutr 1323</b> (Nutr 1313)	Human Nutrition 2	
<b>Nutr 1333</b>	Food 1 (+ lab)		<b>Nutr 1343</b> (Nutr 1333)	Food 2 (+ lab)	
Psyc 1013	Intro Psychology 1		Psyc 1023 (Psyc 1013)	Intro Psychology 2	

**YEAR 2 - Fall Term**

**YEAR 2 - Winter Term**

<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>	<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>
Biol 2813 (minimum C- in Biol 1813)	Human Physiology and Anatomy 1		Biol 2823 (minimum C- in Biol 2813)	Human Physiology and Anatomy 2	
Chem 2513 (minimum C- in Chem 1023)	Organic Chemistry 1 (+ lab)		Chem 2713 <b>OR</b> Chem 2773 (minimum C- in Chem 2513)	Biochemistry (+ lab) <b>OR</b> Biochemistry for Life Sciences	
Math 1253 (Math 11 or Precalculus 11 or Math 0110)	Statistics 1 (+ lab)		Math 2243 <b>OR</b> Math 2253 (Math 1253)	Statistics II for Life Science <b>OR</b> Statistics II (+ lab)	
SWC (see * below)			<b>Nutr 2023</b> (Nutr 2013)	Communications in Nutrition & Dietetics	
<b>Nutr 2013</b> (Nutr 1323)	Principles of Nutritional Assessment		<b>Nutr 2323</b>	Food and People	

**YEAR 3 - Fall Term**

<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>	<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>
Nutr 2333 ( <i>Biol 1813 &amp; Chem 1023</i> )	Understanding Food Science		Elective		
Biol 3573	Applied & Envir. Microbiology (+ lab)		<b>Nutr 3513</b> ( <i>Nutr 1323, Nutr 2023</i> )	Community Nutrition	
Elective			Biol 2453 ( <i>Biol 1813, Chem 1013 with minimum C-</i> )	Introduction to Microbiology (+ lab)	
Elective			<b>Nutr 3023</b> ( <i>Biol 2823, Nutr 1323, &amp; Chem 2713</i> )	Advanced Human Nutrition	
Elective			Nutr 4733 ( <i>Nutr 1343</i> )	Food Product Development (+ lab)	

**YEAR 3 - Winter Term****YEAR 4 - Fall Term**

<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>	<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>
<b>Nutr 4223</b> ( <i>Math 2243 or 2253 &amp; Nutr 1343</i> )	Sensory Evaluation of Food (+ lab)		Nutr 4103 ( <i>Nutr 2333, Chem 2713</i> )	Food Analysis (+ lab)	
<b>Nutr 4533</b> ( <i>Biol 2823, Nutr 2013, Nutr 3023</i> )	Nutrition & Disease 1		<b>Nutr 4903</b> ( <i>Nutr 4223 with a minimum grade of C- &amp; 4<sup>th</sup> year standing in Nutr</i> )	Senior Seminar	
<b>Nutr 4123</b> ( <i>Nutr 1323 &amp; Nutr 3513</i> )	Nutrition Education		Elective		
Elective			Elective		
Elective			Elective		

**YEAR 4 - Winter Term**

\* You must take 6 hours of study (two courses) with a ‘**significant writing component**’ (SWC). Courses that meet these criteria include English, Art at the 1000 level, Classics, Comparative Religion, a single language other than English (**same language must be taken for all 6 hours**), History, Music (not applied, vocal or instrumental methods or practical studies), Philosophy, Theology (THEO 3013/3023, BIBL 2013/2023, GREE 3013/3023), or Women and Gender Studies.