

Acadia University - School of Nutrition and Dietetics
Bachelor of Science in Nutrition (BSN) - Kinesiology Option - 2025-2026

Requirements:

Core courses are listed in bold and must be completed with **a minimum grade of C-**
Core Nutrition courses are only offered in the term indicated on this advising sheet.

A minor (12 hrs in one subject other than Nutrition, with **a minimum C- grade in each course**) is required

- a) 6 hours (2 courses) with a **‘significant writing component’ (SWC)** - see * below
- b) 6 hours (2 courses) of Arts electives ***over and above the SWC***
- c) 3 hours (1 course) Nutrition elective
- d) 3 hours (1 course) Biology elective
- e) 12 hours (4 courses) of Kinesiology
- f) 15 hours (5 courses) of anything you choose
- g) All **Nutrition and Kinesiology** courses must each be completed with a **minimum C- grade**.

Prerequisite courses are noted in italics below course number

YEAR 1 - Fall Term

Course Number	Course Name	Mark Rec'd/ Transfer Cr
Biol 1813	Human Biology 1	
Chem 1013 <i>(NS 12 Chem or equivalent with minimum of 60%)</i>	General Chemistry 1 (+ lab)	
Nutr 1313	Human Nutrition 1	
Nutr 1333	Food 1 (+ lab)	
Psyc 1013	Intro Psychology 1	

YEAR 1 - Winter Term

Course Number	Course Name	Mark Rec'd/ Transfer Cr
SWC <i>(see * below)</i>		
Chem 1023 <i>(Chem 1013)</i>	General Chemistry 2 (+ lab)	
Nutr 1323 <i>(Nutr 1313)</i>	Human Nutrition 2	
Nutr 1343 <i>(Nutr 1333)</i>	Food 2 (+ lab)	
Psyc 1023 <i>(Psyc 1013)</i>	Intro Psychology 2	

YEAR 2 - Fall Term

Course Number	Course Name	Mark Rec'd/ Transfer Cr
Biol 2813 <i>(minimum C- in Biol 1813)</i> OR Kine 2413	Human Physiology and Anatomy 1 OR Applied Human Physiology 1	
Chem 2513 <i>(minimum C- in Chem 1023)</i>	Organic Chemistry 1 (+ lab)	
Math 1253 <i>(Math 11 or Precalculus 11 or Math 0110)</i>	Statistics 1 (+ lab)	
SWC <i>(see * below)</i>		
Nutr 2013 <i>(Nutr 1323)</i>	Principles of Nutritional Assessment	

YEAR 2 - Winter Term

Course Number	Course Name	Mark Rec'd/ Transfer Cr
Biol 2823 <i>(minimum C- in Biol 2813)</i> OR Kine 2423	Human Physiology and Anatomy 2 OR Applied Human Physiology 2	
Chem 2713 OR Chem 2773 <i>(minimum C- in Chem 2513)</i>	Biochemistry (+ lab) OR Biochemistry for Life Sciences	
Math 2243 OR Math 2253 <i>(Math 1253)</i>	Statistics II for Life Science OR Statistics II (+ lab)	
Nutr 2023 <i>(Nutr 2013)</i>	Communications in Nutrition & Dietetics	
Nutr 2323	Food and People	

YEAR 3 - Fall Term**YEAR 3 - Winter Term**

Course Number	Course Name	Mark Rec'd/ Transfer Cr	Course Number	Course Name	Mark Rec'd/ Transfer Cr
Kine 3013	Exercise Physiology		Elective		
Elective			Nutr 3513 (Nutr 1323, Nutr 2023)	Community Nutrition	
Elective			Elective		
Elective			Nutr 3023 (Biol 2823, Nutr 1323, & Chem 2713)	Advanced Human Nutrition	
Elective			Elective		

YEAR 4 - Fall Term**YEAR 4 - Winter Term**

Course Number	Course Name	Mark Rec'd/ Transfer Cr	Course Number	Course Name	Mark Rec'd/ Transfer Cr
Nutr 4223 (Math 2243 or 2253 & Nutr 1343)	Sensory Evaluation of Food (+ lab)		Nutr 4903 (Nutr 4223 with a minimum grade of C- & 4 th year standing in Nutr)	Senior Seminar	
Nutr 4533 (Biol 2823, Nutr 2013, Nutr 3023)	Nutrition & Disease 1		Elective		
Nutr 4123 (Nutr 1323 & Nutr 3513)	Nutrition Education		Elective		
Elective			Elective		
Elective			Elective		

* You must take 6 hours of study (two courses) with a ‘**significant writing component**’ (SWC). Courses that meet these criteria include English, Art at the 1000 level, Classics, Comparative Religion, a single language other than English (**same language must be taken for all 6 hours**), History, Music (not applied, vocal or instrumental methods or practical studies), Philosophy, Theology (THEO 3013/3023, BIBL 2013/2023, GREE 3013/3023), or Women and Gender Studies.