

Acadia University - School of Nutrition and Dietetics  
Bachelor of Science in Nutrition (BSN) - with a second major in Psychology - 2025-2026

**Requirements:**

**Core courses are listed in bold** and must be completed with a minimum grade of C-  
**Core Nutrition courses are only offered in the term indicated on this advising sheet.**

A minor (12 hrs in one subject other than Nutrition, with a minimum C- grade in each course) is required

- a) 6 hours (2 courses) with a 'significant writing component' (SWC) - see \* below
- b) 6 hours (2 courses) of Arts electives *over and above the SWC*
- c) 3 hours (1 course) Nutrition elective
- d) 12 hours (4 courses) of additional Psychology (at least 9 hours at the 3000/4000 level)
- e) 3 hours (1 course) of anything you choose
- f) All **Nutrition and Psychology courses** must each be completed with a **minimum C- grade.**

*Prerequisite courses are noted in italics below course number*

**YEAR 1 - Fall Term**

**YEAR 1 - Winter Term**

<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>	<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>
Biol 1813	Human Biology 1		Elective		
Chem 1013 <i>(NS 12 Chem or equivalent with minimum of 60%)</i>	General Chemistry 1 (+ lab)		Chem 1023 <i>(Chem 1013)</i>	General Chemistry 2 (+ lab)	
<b>Nutr 1313</b>	Human Nutrition 1		<b>Nutr 1323</b> <i>(Nutr 1313)</i>	Human Nutrition 2	
<b>Nutr 1333</b>	Food 1 (+ lab)		<b>Nutr 1343</b> <i>(Nutr 1333)</i>	Food 2 (+ lab)	
Psyc 1013	Intro Psychology 1		Psyc 1023 <i>(Psyc 1013)</i>	Intro Psychology 2	

**YEAR 2 - Fall Term**

**YEAR 2 - Winter Term**

<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>	<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>
Elective			<b>Nutr 2023</b> <i>(Nutr 2013)</i>	Communications in Nutrition & Dietetics	
Biol 2813 <i>(minimum C- in Biol 1813)</i>	Human Physiology and Anatomy 1		Biol 2823 <i>(minimum C- in Biol 2813)</i>	Human Physiology and Anatomy 2	
Chem 2513 <i>(minimum C- in Chem 1023)</i>	Organic Chemistry 1 (+ lab)		Chem 2713 <b>OR</b> Chem 2773 <i>(minimum C- in Chem 2513)</i>	Biochemistry (+ lab) <b>OR</b> Biochemistry for Life Sciences	
SWC <i>(see * below)</i>			SWC <i>(see * below)</i>		
<b>Nutr 2013</b> <i>(Nutr 1323)</i>	Principles of Nutritional Assessment		<b>Nutr 2323</b>	Food and People	

**YEAR 3 - Fall Term****YEAR 3 - Winter Term**

<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>	<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>
Elective			<b>Nutr 3023</b> ( <i>Biol 2823, Nutr 1323, &amp; Chem 2713</i> )	Advanced Human Nutrition	
Math 1253 ( <i>Math 11 or Precalculus 11 or Math 0110</i> )	Statistics 1 (+ lab)		Math 2243 <b>OR</b> Math 2253 ( <i>Math 1253</i> )	Statistics II for Life Science <b>OR</b> Statistics II (+ lab)	
Elective			<b>Nutr 3513</b> ( <i>Nutr 1323, Nutr 2023</i> )	Community Nutrition	
Psyc 2013 ( <i>minimum C- in Psyc 1023</i> )	Research Design & Analysis 1 (+ lab)		Psyc 2023 ( <i>minimum C- in Psyc 2013</i> )	Research Design & Analysis 2 (+ lab)	
Psyc 2113 <b>OR</b> Psyc 2123 ( <i>minimum C- in Psyc 1023</i> )	Abnormal Psychology <b>OR</b> Personality		Psyc 2133 <b>OR</b> Psyc 2143 <b>OR</b> Psyc 2173 ( <i>minimum C- in Psyc 1023</i> )	Physiological Psychology <b>OR</b> Introduction to Cognition <b>OR</b> Sensory Processes	

**YEAR 4 - Fall Term****YEAR 4 - Winter Term**

<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>	<b>Course Number</b>	<b>Course Name</b>	<b>Mark Rec'd/ Transfer Cr</b>
<b>Nutr 4223</b> ( <i>Math 2243 or 2253 &amp; Nutr 1343</i> )	Sensory Evaluation of Food (+ lab)		<b>Nutr 4903</b> ( <i>Nutr 4223 with a minimum grade of C- &amp; 4<sup>th</sup> year standing in Nutr</i> )	Senior Seminar	
<b>Nutr 4533</b> ( <i>Biol 2823, Nutr 2013, Nutr 3023</i> )	Nutrition & Disease 1		Biol 2453 ( <i>Biol 1813, Chem 1013 with minimum C-</i> )	Introduction to Microbiology (+ lab)	
<b>Nutr 4123</b> ( <i>Nutr 1323 &amp; Nutr 3513</i> )	Nutrition Education		Elective		
Elective			Psyc 2103 <b>OR</b> Psyc 2153 ( <i>minimum C- in Psyc 1023</i> )	Social Psychology <b>OR</b> Developmental Psychology	
Elective			Elective		

\* You must take 6 hours of study (two courses) with a ‘**significant writing component**’ (SWC). Courses that meet these criteria include English, Art at the 1000 level, Classics, Comparative Religion, a single language other than English (**same language must be taken for all 6 hours**), History, Music (not applied, vocal or instrumental methods or practical studies), Philosophy, Theology (THEO 3013/3023, BIBL 2013/2023, GREE 3013/3023), or Women and Gender Studies.