

Beet Chips

Ingredients

- 3 medium-large beets
- Olive oil
- 1 pinch sea salt
- 1 pinch pepper

Prep Time	Cook Time	Servings
10 minutes	20 minutes	3

Procedure

1. Preheat oven to 375 degrees F.
2. Thinly slice beets (they will curl a little when cut).
3. Divide between two baking sheets and spray or very lightly drizzle with olive oil.
4. Sprinkle with a pinch of salt and pepper.
5. Bake for 15-20 minutes or until crispy and slightly brown. Be sure to watch closely so they don't burn.
6. Remove from oven. Let cool, then serve.

