Maple Cinnamon Parsnip Chips

Ingredients

- 3 parsnips, peeled and thinly sliced
- 2 tbsp maple syrup
- 1 tsp cinnamon
- ½ tsp sea salt

Prep Time	Cook Time	Serves
20 minutes	45 minutes	50 individuals

Procedure

1. Preheat oven to 350°F.
2. Using a sharp knife or mandolin, slice the parsnips very thin.
3. Add them to a bowl with the maple syrup.
4. Toss the chips around in the bowl so they get coated with maple syrup.
5. Spread them out onto a lined baking sheet.
6. Sprinkle on the cinnamon and sea salt.
7. Bake for 30-45 minutes. Stop halfway to turn the chips over.

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